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JUNE/JULY 2025 NO. 361

The Sacred Flame Within
Inner Child Healing
Power of the Akashic Records

Your Divine Power

TECHNIQUES
TO TRANSFORM
YOUR PAST

RECLAIMING
YOUR INNER
SOVEREIGNTY

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Mini-Paloozas held 10am-2pm the First Saturday of each Month

Many people prefer the calmer Mini-Paloozas, held the first Saturday of the month, versus all of the activity at the big Paloozas. Mark your calendar!



EVENTS CALENDAR

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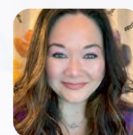


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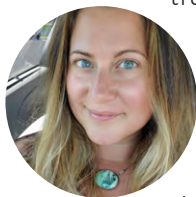
Finding your divine power, or "awakening your inner divinity," is a journey of self-discovery and empowerment that involves recognizing your own inherent strength, wisdom, and purpose. It's about acknowledging the spiritual spark within that connects each of us to a greater source of universal power, leading to a state of joy, peace, and fulfillment.

Your Divine Power

Inner Child Healing as Soul Retrieval: Reclaiming Your Divine Power

BY JESSICA HOCH

Inner child healing is more than emotional repair – it is a form of soul retrieval. When we experience trauma, neglect, or emotional suppression in our early years, parts of our psyche fragment as a survival response. These "lost" parts often carry our innocence, creativity, trust, and vulnerability. Inner child healing invites us to reconnect with those younger aspects of ourselves that were silenced, shamed, or exiled, bringing them back into the wholeness of who we are.



This process is a sacred journey of soul retrieval. Each time we meet our inner child with love, presence, and compassion, we reclaim a vital part of our essence. We are not just healing wounds – we are retrieving our original light. The same purity and power that once expressed as joy, wonder, and boundless imagination still lives within us.

Through intentional healing practices – such as guided meditation, journaling, reparenting dialogues, or somatic work – we reawaken those energies and restore our inner connection.

As we call these soul fragments home, we begin to remember the truth of our Divine Power. The divine spark within us is not something we must earn – it is something we uncover. It is revealed in the wholeness of being, not in perfection but in integration. When the inner child feels safe to express again, we access the full spectrum of our gifts: intuition, playfulness, empathy, and creative force.

Inner child healing is not about fixing what is broken; it's about remembering what was forgotten. It is through this remembrance that we awaken our divine identity – not as something external or far away, but as something rooted deep within. By healing the child within, we step more fully into the soul's truth – and into the power that has always been ours. ✨

Jessica Hoch is the founder of Moxie Malas, a handcrafted intention jewelry line blending crystal energy, chakra work, and empowerment coaching to inspire bold, heart-centered living. As a crystal expert and yoga teacher, she creates wearable tools for transformation and guides others in aligning with their personal power through intention and energetic healing. Find her products at <https://moxiemalas.com>

Step Into Your Divine Power with Love & Peace

BY ANGELA ZABEL

Divine power in my opinion is tapping into your Divinity. What is Divinity, it is knowing you are something more than human. You are multidimensional and connected to consciousness itself. You are in charge of you and are creating the world we live in. It is knowing, as a Divine Being, you share and grow Love, compassion, support and Peace. Using your Divine Power for humanity, is recognizing the division around you. We are shifting from the old energy of war. War equals division of any type.



When you recognize division, right, wrong, black, white, them, us, jealousy, anger, lack, self worth, doubt, feeling disconnected, step back and look at the perception of division. It is a perception. When we look with Divine, Loving eyes, there is no division. We are all Divine, playing a role in the Awakening of the Human race.

Step back, when you see and feel division and ask yourself, how will a Divine Being look at this situation or person?

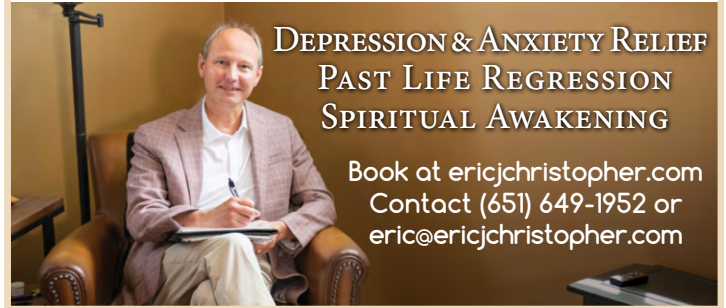
How can we create and react by not going into anger, turmoil or drama. Receive intuitive thoughts. Take time to take a breath, close your eyes for a second, calm your body, check in with your intuition, before you respond to the outside world or person. The power of the Divine is knowing you can contemplate before reacting.

Ask yourself how an Angelic Being will react or not react to this situation. Our Divine Power is stepping into calm, with inner and outer Love and Peace. Sharing that calming and Peaceful energy with others. You are unique, appreciated, and connected on every level with your Divine Power. You are here to recognize the Divine Power and Strength You hold. ✨

Angela Zabel has connected to Spirit her entire life. Now she shares the messages from a multitude of realms and energies with people. She is a teacher, coach, medium, writer, retreat host, gallery reader, speaker, Radio Talk Show Host, private and group sessions, membership, classes online and in person, sharing knowledge worldwide. Find her events, classes and webinars, and book a session with Angela at <https://angelazabel.com>



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Awaken Your Soul

BY JAMIE SCHWEGEL



Inner child healing and soul retrieval are sacred, transformative processes that allow you to re-connect with the wounded, neglected, or hidden parts of yourself – often formed in childhood – so you can reclaim your wholeness. These lost aspects may carry shame, fear, guilt, or unmet emotional needs, and when ignored, can create patterns of self-sabotage, codependency, or emotional disconnection in adulthood.

Healing begins with acknowledgment – gently recognizing your inner child's presence and pain without judgment.

The next step is surrendering with trust, allowing yourself to release the illusion of control and trust the process of inner transformation. As you begin this path, take intentional action steps toward unconditional self-love, such as creating safe routines, setting boundaries, and practicing self-care rituals.

This healing work often involves riding the waves of emotions – grief, anger, sadness, joy – as they surface and move through your body. Instead of resisting, you learn to feel and honor them. Through this, you arrive at forgiveness and self-love, offering compassion to your younger self and to the parts of you that made choices out of survival.

Daily positive affirmations become powerful tools for rewiring your mind and reconnecting with your worth (e.g., "I am whole. I am enough. I am safe to be me."). Cultivating a state of gratitude opens your heart and shifts your focus from wounds to wisdom, allowing you to see the beauty in your healing journey.

As you reintegrate these soul fragments and nurture your inner child, you begin to spread love, joy, and kindness to others – naturally radiating the wholeness you've reclaimed.

Inner child healing and soul retrieval are not just about healing the past; they are about remembering who you truly are and living from a place of deep, unconditional love – for yourself and the world. Remember you are ENOUGH! 🦋

Jamie Schwegel has over 21 years of clinical mental health experience as an Occupational Therapy Practitioner. Jamie is a public speaker who infuses wellness with mindset techniques. Jamie infuses her gifts and talents with simple tips and tools leading others to find true transportation and a higher level of conscious awareness. Visit <https://jamieschwegel.com>. Order your own copy of the "Flying Free Mind Body Soul Connection" products to begin awakening your Soul!

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RECLAIM YOUR DIVINE — POWER WITH THE — AKASHIC RECORDS

by AMBER MAIER

True power isn't something we achieve, it's something we remember. It's already within us, waiting to be reclaimed. In a world that often pulls us in a thousand directions, it's easy to lose sight of our inner authority, to forget that we are the ones holding the keys to our own life. But there's a deep knowing inside each of us, a quiet voice that's been whispering all along: You are sovereign. You are powerful. You get to choose.

Reclaiming your inner sovereignty is the heart of spiritual awakening. It's the moment you stop giving away your power, stop looking outside yourself for permission or validation, and come home to your own truth. It's not about controlling life, it's about aligning with it. And one of the most powerful tools I've found for this journey is the Akashic Records.

Think of the Akashic Records as the energetic library of your soul – a vast field of wisdom that holds the story of who you are, who you've been, and who you're becoming. Every thought, decision, pattern, and experience is recorded here. The Records aren't just about the past; they're a living, breathing source of insight to guide you in the present.

When we access the Akashic Records, we step into a higher perspective. We see beyond the noise of fear, doubt, and conditioning. We reconnect with the truth of our soul's journey. This clarity is essential if we want to make decisions that are truly *ours* – soul-aligned decisions that honor our unique path, rather than choices driven by old wounds, people-pleasing, or the fear of getting it wrong.

So often, we're walking through life carrying patterns that aren't even ours. Ancestral beliefs, societal conditioning, unresolved pain, and it all gets layered into our energy field, clouding our ability to hear our inner voice. And here's the thing: you can't stand fully in your divine power if you're still operating from those old scripts. You can't embody sovereignty if you're trapped in stories that keep you small.

The Akashic Records help you clear those stories. They illuminate the patterns, energy, and contracts that are ready to be released. They show you where you've been giving your power away, sometimes for *lifetimes*, and invite you to call it back. Each session in the Records is an opportunity to meet yourself with radical compassion and truth.

I've witnessed time and again how accessing the Akashic Records shifts people from confusion to clarity, from self-doubt to deep trust. It's not about receiving a step-by-step plan; it's about attuning to the wisdom of your soul so you can walk your path with confidence. It's about making choices that feel expansive and aligned with the highest expression of who you are.

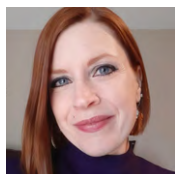
When you reclaim your power, you set new boundaries, stop leaking your power, and start creating a life that reflects your deepest values and desires. And you begin to recognize that *your divine power has never been outside of you*.

In these times, reclaiming your inner sovereignty isn't just a personal act; it's a spiritual responsibility. The world needs more of us standing in our authentic power, embodying our truth, and showing what's possible when we live from the inside out. The Akashic Records are a sacred ally on this journey, helping us clear what no longer serves, remember who we truly are, and rise into the leaders, healers, and lightworkers we came here to be.

If you're longing to reconnect with your truth, to make soul-aligned decisions, and to stand fully in your divine power, the Akashic Records aren't just a tool, they're a must! Because the answers you seek have been within you all along. And when you remember that? That's where the real power begins. ✨

AMBER MAIER is a Soul Alignment Coach and founder of the Akashic Angel Healing Academy and Lightworker Luminaries Business Mastermind. She helps you discover your soul purpose, awaken your intuitive gifts, and overcome blocks so you can step into your power and purpose with confidence.

Through the Akashic Angel Healing Academy, Amber teaches students to access the wisdom of the Akashic Records and the transformative power of angel healing. In the Lightworker Luminaries Business Mastermind, she guides Lightworkers to shine their light and build soul-aligned businesses. Learn more at ambermaier.com



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Soul Whispers



Divine Power: The Sacred Flame Within

with Kim Woods

There's a quiet flame that lives within you. **Ancient. Eternal. Divine.** This flame is not the kind of power you've been taught to chase in the external world – but a deeper, more radiant current that pulses through the very fabric of your being. This is **Divine Power** and your soul has been waiting lifetimes to remember it.

In this New Era, you're awakening – not by doing more, but by attuning more deeply. You're being led to listen inward and align with the whispers of the cosmos. As the veil thins, the stars guide you to reclaim what was never truly lost. Your sacred flame is still there and your soul yearns to rekindle it.

The Power Behind the Veil

Divine power doesn't roar or dominate. It hums quietly, like the vibration of a crystal bowl echoing through the subtle realms. This power is born not from the mind, but from your **intuition** – that inner compass speaking the language of the stars, the Earth, and your soul's lineage.

The Moon remembers, your cells vibrate, and your dreams have been trying to tell you: *You are not just human – you are Divine in form.* You've always known. You've felt the synchronicities. Your heart flutters when you're in alignment. There's a pull toward the mystical and the sense that *there is more.* You know the truth of this deep in your being.

Astrology as Portal, Not Prediction

The planets don't control you – they mirror you. They reveal your soul's intention for this lifetime, and when you

learn to read their sacred script, you unlock the keys to your purpose, your gifts, and yes – your divine power.

Right now, with Pluto's descent into the underworld (retrograde as of May 4), the cosmos invite you inward, to descend. You're guided to unearth those hidden places of your magical power. You don't need to be fixed, you need to be revealed.

Your Intuition Is the Temple Door

How do you access this divine essence within? You do this through the **language of intuition.** Your soul speaks through symbols, senses, sensations, and signs. You've simply forgotten how to listen. That's why I created the **Intuitive Success Signature™ Quiz** – to help you discover your energetic blueprint and your sacred way of receiving guidance.

Are you a **Visionary** who sees beyond the veil or a **Healer** who feels the collective's pain and transmutes it? Perhaps, you're a **Messenger** who channels divine truth? Your Signature reveals how the Universe flows through you. When you learn your intuitive style, you no longer second-guess. You stop outsourcing your knowing. You begin to walk as the mystic you were born to be.

A Sacred Invitation

I know you feel it – the stirrings and the signs. Those dreams that feel more real than waking life. You're being called, not just to remember your power, but to embody it. This is the beginning of your **New Era** – the time when you let your soul lead. Discovering your energetic blueprint is as easy as taking the 12-question quiz to recognize your sacred style. Simply scan the QR code or go to: yourstarmaptosuccess.com to walk through the veil into deeper remembrance.

Your Soul Whisper

You didn't come here to play small or follow the rules of a crumbling world. You came to **rewrite them** – as priestess, guide, oracle, and leader. You're the bridge between heaven and earth. The temple is within you. The light is already lit.

Are you ready to walk through the sacred door? 🗝️



Kim Woods, *The Trusted Authority for the New Era, doesn't just predict the future – she creates it. A master astrologer and elite business strategist, she unlocks your limitless potential by blending the power of the stars with high-level strategy. Her mission? To make you rich, powerful and legendary. Stay tuned for her groundbreaking book, "New Era Millionaire: Uncharted Success for the Visionary Rebel," coming June 25, 2025.*

What's Your Signature?



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From the editor)



Steve Wagner
Editor, *THE EDGE*

Greetings Edge Community! Though we are surrounded by a lot of distress and uncertainty right now, I have been feeling a great deal of optimism lately. I understand that living in the New Era involves heavy doses of both change and the necessity to self-reflect. It can be challenging to process that the choices we've made, and relationships we've formed, no longer suit us. It requires effort and determination to refocus and make choices that reflect our dreams and intentions.

If you're consistently feeling overwhelmed, I encourage you to try what has been working for me. Limit your exposure to news and social media – both skew reality and may incite anxieties and fears of issues that are out of our control. Replace that time with getting outside and reconnecting with nature. Garden, take a walk, whatever. What's important is that you pause to feel the sun, wind, sounds and smells interact with you. When you find yourself getting upset, breath and ask for optimal outcomes. Trust our spirit guides have a greater understanding of why we are alive during this time, and what we have come to learn.

Remember to check our our Community Calendar on pages 22-24 for many new retreats, holistic wellness fairs and festivals, and other outdoor gatherings to kick your summer of spiritual growth into high gear!



On the cover:

A Fleeting Glimpse of the Future
by Steve Wagner



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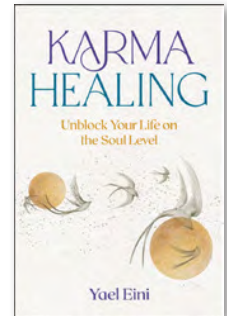
Feng Shui with Archangels, Unicorns, and Dragons

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of Your Home and Life

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SKULLCAP

An herb of healing & magick

BY WITCH JODI, RN

Skullcap, a favored herb in the world of herbalism and witchcraft, carries a mystique that spans centuries. Known for its calming energy and transformative properties, this small perennial plant, typically found in wet habitats such as riverbanks and marshlands, offers profound medicinal and magical uses for those who seek its wisdom. American Skullcap (*Scutellaria lateriflora*) is different from Chinese skullcap (*Scutellaria baicalensis*). Both forms are used to treat different conditions and not interchangeable.

Medicinally skullcap is a cornerstone herb that's been used in traditional herbal medicine for centuries, celebrated for its ability to soothe the nervous system. Skullcap's primary medicinal properties lie in its ability to promote tranquility and alleviate anxiety, making it a trusted ally for stress management.

The herb also contains high levels of flavonoids and antioxidants, with scutellarin and baicalin being the key compounds responsible for its calming effects. It is often used in tinctures, teas, and capsules to support individuals dealing with insomnia, restlessness, and nervous tension. Skullcap acts as a gentle sedative, helping the mind settle into a restful state. Both the leaves and roots can be used.

Beyond its role in easing mental strain, skullcap is known for its anti-inflammatory and antispasmodic properties. It has been employed to ease headaches, migraines, and menstrual cramps, as well as to calm muscle spasms and neuralgia. American skullcap also has significant effects and may help protect against some neurological disorders such as Alzheimer's and Parkinson's disease. Whereas the Chinese version is used to treat allergies, infections, pain, and other disorders due to its anti-inflammatory, antifungal and antiviral properties.

As for magickal workings, witches and practitioners of magic keep skullcap readily available in their apothecary for many things. Its reputation as a herb of peace and protection aligns with its medicinal qualities, making it a versatile tool in both spellwork and ritual.

Skullcap is often used to ward off negative energies and to create a shield of spiritual protection. Sprinkling skullcap around the home or burning it as incense is believed to repel malevolent forces and foster an atmosphere of serenity. Its gentle energy is particularly suited to enhancing the sacred space during meditation or divination.

Skullcap is also recognized as a herb of fidelity and commitment, commonly used in spells to strengthen bonds between lovers or friends. A sachet filled with dried skullcap and placed under one's pillow is said to bolster trust and loyalty in relationships. The herb is often carried in charm bags or worn as an amulet to fortify the heart against doubts and fears.

Another powerful use of skullcap is in rituals of transformation and renewal. Its connection to water, reflection, and cleansing makes it ideal for letting go of past traumas and embracing new beginnings. Adding skullcap to a ritual bath or incorporating it into moon-centered ceremonies amplifies its ability to clear emotional blockages and inspire personal growth.

Skullcap is often used in tinctures, teas, and capsules to support those dealing with insomnia, restlessness, and nervous tension.



Whether you are seeking to heal or wanting to weave spells, skullcap's duality as a medicinal and magical herb offers boundless possibilities. As you work with this remarkable plant, remember to honor its gentle spirit and cultivate a sense of gratitude. Skullcap not only supports the body and mind but also opens pathways to deeper spiritual connections, reminding us that healing and transformation often go hand in hand.

Skullcap is more than a humble herb; it is an enduring companion on journeys of wellness and enchantment, proving that nature's gifts are both potent and profound.

Remember that you should always consult with your primary physician before taking any herbals to assure it is safe for you. ✨

WITCH JODI, RN, owner of Midwest Witchery and Healing, uses organic and ethically sourced components, as well as hand creates her products during proper moon phases to ensure the most potent beneficial energies whatever your needs. Practicing witchcraft over 40 years, Jodi can help you with your spiritual needs. Find out more by visiting midwestwitcheryhealing.com



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YOUR DIVINE POWER

RECLAIMING YOUR SOVEREIGNTY

BY WENDY BENNING SWANSON

There's a quiet truth buried beneath the noise of modern life: You are divine. Not metaphorically, but literally. You came into this life with a purpose, a light, and a unique frequency. But most of us forget. We give our power away— to people, systems, and the stories we've been told. Reclaiming your Divine Power is the journey of coming back to your original essence – unfiltered, untamed, and whole.

For me, this journey wasn't sparked by a single moment of awakening. It was a slow, deliberate return – a peeling back of layers I didn't even know I was wearing. Through deep spiritual training and consistent inner work, I began to reconnect with something ancient, eternal, and profoundly me.

ENERGETIC BOUNDARIES: HONORING THE LIGHT WITHIN

One of the first revelations on this path was understanding my energy as sacred. I had spent much of my life over-giving, people-pleasing, and absorbing emotions that didn't belong to me. I thought being kind meant being available to everyone, all the time. But true kindness requires discernment.

As I learned to create energetic boundaries— not out of fear, but out of self-respect – I discovered that I could hold my center without guilt. I stopped leaking energy. I began to feel more alive. Protecting your energy is not selfish; it's a spiritual act. It's saying to the Universe, I matter. My light matters.

HEALING THE WOUNDS THAT HELD ME BACK

One of the most healing (and humbling) parts of this journey was meeting the parts of myself I'd tried to avoid – especially the little girl inside who felt abandoned, unseen, not quite good enough. I had learned to toughen up, to keep going, to prove I could handle everything. But that little girl didn't need toughness – she needed tenderness.

Through years of spiritual work, I found ways to reconnect with her. Not to fix her, but to listen. To let her know she mattered. That she hadn't been forgotten. And little by little, I felt something come back online in me— a sense of wholeness I didn't even know I was missing.

It's hard describing what happens when we welcome younger parts of ourselves back into our hearts. It feels like coming home.

EMPOWERED RELATIONSHIPS: FROM OBLIGATION TO AUTHENTICITY

As I grew stronger in my truth, something remarkable happened: my relationships changed. Some deepened. Others dissolved. But all became clearer.

I began to understand the difference between connection and codependency, between compromise and self-abandonment. Empowered relationships are built on spiritual equality— where both people are free to be who they are, without performance or pretense. These connections nourish your soul because they reflect your wholeness, not your wounds.

SPIRITUAL INTEGRITY IN EVERYDAY LIFE

Perhaps one of the most profound ways Divine Power expresses itself is in how we live our everyday lives. For a long time, I lived in two worlds – my outer life was efficient, professional, and socially acceptable. My inner world was rich, intuitive, and deeply spiritual.

The true turning point came when I stopped separating them. I started connected with my divine self, my higher self – my self – making decisions not just based on logic, but on alignment. I let my intuition guide my leadership. I spoke more truth, even when it was uncomfortable. And I gave myself permission to live and work in a way that felt sacred, not just productive.

Spiritual integrity isn't about perfection. It's about presence. It's about choosing, again and again, to live in alignment with your divine essence – especially when it's inconvenient, especially when it's hard.

YOU WERE NEVER POWERLESS

The world teaches us to doubt ourselves, to outsource truth, to shrink. But underneath all of that is a deeper reality: You were never powerless. Your light may have been dimmed, but it was never extinguished. Reclaiming your Divine Power is not a one-time event. It's a commitment to becoming who you truly are— not who you were taught to be. This is the real work. The holy work. The path to Know Thyself.

You came here to remember.

You came here to shine.

And the power to do so has always lived within you. ✨

Wendy Benning Swanson, is a devoted Guide, Healer, and Teacher and has dedicated her life's journey to unravelling the mysteries of life. Having received certification from the Modern Mystery School, she guides and supports individuals in their quest for self-mastery and empowerment. Learn more at wendybenningsswanson.com



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WITH WENDY BENNING SWANSON

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After my session with Wendy I am amazed at my transformation. I feel incredibly calm, relaxed, and stable. Little things don't bother me and everything seems more manageable. I've gained more awareness, focus, and have more clarity in my life.
~ Teresa S.

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EMPOWERED CONNECTIONS with ANIMAL COMPANIONS



BY GAIL LYNN

I just got back from one of the most unforgettable experiences of my life – a visit to the Savannah Safari Resort in Jackson, New Jersey. Honestly, I had no idea New Jersey had lions, tigers, bears, giraffes, rhinos, elephants, and so many other wild animals! The resort offers a special kind of camping called “glamping” – luxury tents that make you feel close to nature but still really comfortable.

I’m not someone who cares much about material things. What matters most to me are new experiences and adventures. And this one was truly one of the highlights of my 55 years on this earth. If you ever get the chance to visit, I can’t recommend it enough.

One of the main reasons I chose to go was because of the giraffes – anyone who knows me knows how much I love them! I saw they had public giraffe feeding every day, and I couldn’t resist. We also booked a VIP tour where we got to feed an elephant. Joyce, the elephant, even painted a picture for me! I picked the colors, and she created the design. It was such a sweet, beautiful moment that I’ll never forget.

What touched me the most was being able to connect with these amazing animals in a way that felt natural and respectful. I’ve never been a big fan of zoos because many of the animals seem sad and trapped. But here, the animals had tons of space to roam. Many were even born there, so it’s the only home they’ve ever known. They seemed happy and at peace, and you could feel that. Some animals could roam together freely, and of course, some needed to be separated from each other for safety, but overall it felt right.

While I was there, I started reading a book called *Healing: The Human-Animal Bond* by Sherri Divband. It really hit home for me. I know many of you reading this probably feel the same way: I cannot watch those sad commercials about abused animals. They absolutely break my heart. I cry every time. It’s so hard to understand how anyone could hurt such innocent, loving creatures. In my opinion, people who abuse animals – or hunt them just for trophies – should face serious consequences.

I wrote this article because I believe we need to honor the special connection we have with the animal kingdom. Give thanks for the animals that give us food to live, and give food to other animals to survive. It’s the circle of life.

There’s a way to find balance. If we treat animals with love, gratitude, and respect, we can live in real harmony with them. They teach us so much about loyalty, sacrifice, love, and living in the moment.

But there’s also something deeper going on. I believe we have soul connections with them, just like we do with other humans.

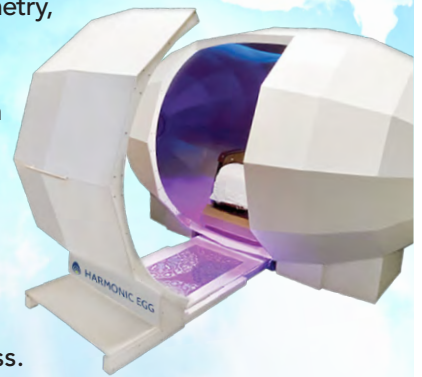
If you have an animal companion, you already know – they’re not “just animals.” They’re family. They’re wise souls who deserve kindness, care, and respect, just like every sentient being on this planet. 🐾

Gail Lynn, inventor and creator of the Harmonic Egg, is dedicated to harnessing the power of sound, light, and sacred geometry for self-healing. When a series of light and sound treatments reversed her diagnosis of severe cardiovascular stress, she set out to uncover the ancient history and modern science behind light and sound as healing therapies. More at linktr.ee/harmonicegg3

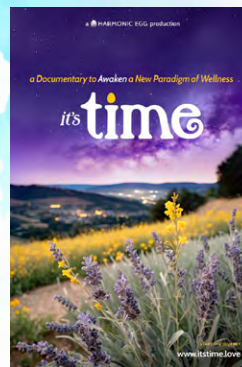


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Creating Divine Power in Your Space

by CAROLE J. HYDER

A space that supports, empowers and reflects those who live or work within those walls is a space that is imbued with Divine Power. It reflects the path of the occupants, and, more importantly, where they're heading. Determining Divine Power in a space can be the catalyst for life-changing events for those who live under its influence.

Here's an example of how this can play out: My client Jean asked me to come to her home because she felt the place was plain and unexciting, even boring. I wasn't there long before I realized the description of her home was the same description she used for her job – plain, boring and unfulfilling. In a perfect world we would have been having this appointment in her office, but Jean assured me the situation at work would not lend to doing Feng Shui, while here in her home she could freely make all kinds of changes. So, our discussion was around what she could do at home and how she might use the ideas at work, albeit less dramatically.

We discussed moving furniture, removing items, introducing colors that excited her, and, more importantly, adding reminders of what she wanted (travel posters, photos of a new car, higher salary, etc.). Bottom line: she took on her Divine Power, overlaid it on her home, and applied it to her job situation.

Once someone expresses their Divine Power, change happens wherever it needs to happen. It wasn't long before the company offered her a position that fit all of her requirements!

On a personal note, I have been incorporating changes in my own space since the death of my husband. Beyond the obvious actions of releasing personal items, sorting through his tax information and determining where he stored his screwdrivers, I have been moved to make additional shifts beyond these mundane expressions of his absence. I certainly wasn't trying to get rid of him or in any way diminish the importance he had in my life. But the fact was I was now having to cope alone. I wanted these life changes to be sacred and honored. I was trying to claim ME. I took to painting.

Recently, I replaced a painting that hung over the sofa because of my husband's strong connection to it (see right). He loved the color, shapes, and contemporary look. We hung it in the living room where we saw it often. However, I now felt the need to express my new life and to remind myself of my own preferences, my independence and my strength. This new painting was my Divine Power expression (see below).



Space becomes sacred when there's an infusion of Divine Power. Feng Shui is built on this premise. It could be called "intention." Occupants of an office, a home, or an apartment will feel the change in the environment from their intention. By consciously addressing it as Divine Power, occupants will feel the strength, the revised message, the confidence exuding from what was their space and, by the process of entrainment, take it on for themselves. That is when their own Divine Power kicks in and creates a whole new story – maybe even a better one. 🦋

Carole J. Hyder can help you create a space that you love using not only the principles of Feng Shui in a home or office but also integrating those principles in her paintings as well. Whether a physical re-arrangement of a room or an inspired and intentional image on the wall, the energy of your space will be shifted to align with your goals. Visit carolehyder.com or carolehyderart.com

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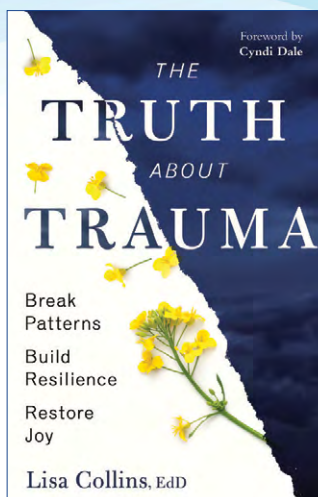
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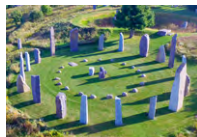
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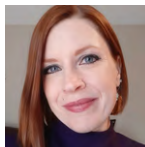
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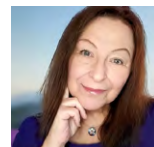
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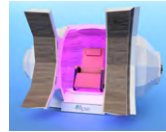
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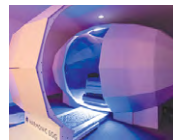


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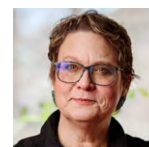


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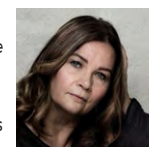
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How Bubba Startz supported a community and ended up the Content Creator of the Year.

BY BUBBA STARTZ

Only one year has passed now since the founding of The Scene Projects and the beginning of our journey in podcasting. Throughout that time, we have experienced so much as a company, as a family and society as a whole. A changing media landscape has left space for independent media outlets like *The Edge Magazine* and The Scene Projects to begin working together towards the goal of building community. All of this has brought us to this moment – you reading these words and sharing in our collective vision.

A vision of a world that is not fraught with misery and hate but one that is emboldened by love. A world that is of our own creation. I am incredibly grateful to be where I am today where music and culture meet healthier living and personal growth inside of the covers of this magazine. Where real people are making a difference in the lives of others every day. Where my energy is not wasted on frivolous nonsense and is spent in the service of others. That is my divine power and for the first time in my life I am not only conscious of it but am walking in it.

In the last 13 moon cycles I have received many blessings. Hundreds of interviews with interesting people from all walks of life. Songwriters, podcasters, Rock and Roll Hall of Famers, and many new friends. Recently we accepted an award from the *Midwest Country Music Organization for Content Creator of the Year*. We dedicated countless hours into creating opportunities for artists to express themselves in long form interviews and on stage at our live events throughout Minnesota, South Dakota, and the Midwest USA.

Being recognized for that work is something brand new to me. I haven't won anything since Middle School back in Deadwood, South Dakota. As a musician and songwriter, I only receive that positive feedback when performing and rarely does someone acknowledge the work that came before.

Now we are turning our own events into empowering places for artists themselves to experience the thrill of winning and a space to encourage all to reach for more. For some, awards are the pinnacle of a career, a symbol of a life well lived, or an acknowledgement of a great success. For me this award is like the starting gun to the life I was meant to live.

Our platform is already seeing many doors open for us in the few weeks following the award show. We have gone on TV news networks, been featured on other podcasts and it is only the beginning. I am releasing a book soon to encourage others to do the same and step into their own power.

We release five episodes or more a week on our podcast network where I talk about many of the same things that got us here. **Follow us on YouTube @The_Scene_Projects**

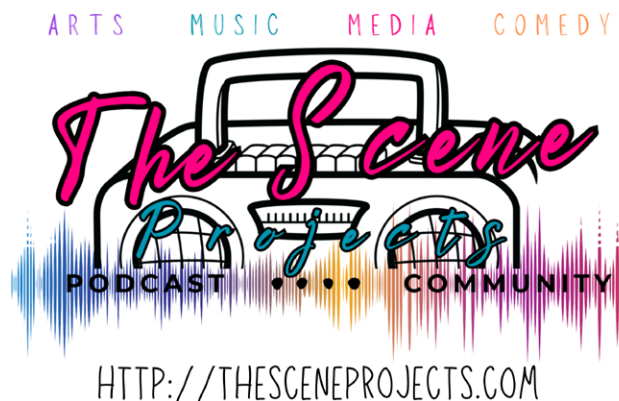
We are also building an online community to launch us into the next phase of our growth. Inclusion. We can only walk this path of life on our own for so long and now that the path is clear we are opening our world to all that feel the vibe. Find out more by visiting thesceneprojects.com

We are Midwesterners. Small town folks who love our community both local and digital. We have passion for helping others and growing personally and professionally, and we encourage everyone around us to do the same. Connect with The Scene Projects online and look for more events coming to your area soon. 🐾

Bubba Startz, is founder of The Scene Projects Podcast Network, executive producer and host of the *Get Better Together Project* and *Songwriter Showcase*. He is a storyteller who can also pull a story out of anyone. Bubba Startz was not born this man though, he was carved into it through a life spent entirely on the road less travelled. From the summer spent living in a tent growing up in Deadwood, South Dakota to the several years travelling the country with only a guitar and a backpack. Later, a different and darker path. Drug addiction forced him to live in the shadows and forget himself til a year in Mexico on the run then two years in prison changed the course of his life forever. Now the light has returned and the rest is our future. Bubba Startz is available for podcast interviews, keynote speeches, and one on one coaching/consulting at <https://thesceneprojects.com>

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Transform the Past with Simple, Powerful Techniques

BY MAUREEN HIGGINS, MA

Everyone has a past with both joyful memories and painful experiences. You also carry the legacy of your ancestry, which includes blessings and burdens alike. Some of these memories, whether conscious or hidden, can linger and affect your life today. They may even unconsciously sabotage your ability to receive what you truly desire.

Before birth, your soul chose the lessons it wanted to learn in this lifetime and the souls it would learn them with. Some of these souls belong to your "soul group," a close-knit group that incarnates together in all lifetimes like a troupe of actors. Each lifetime, roles are assigned: some souls play heroes, others become spirit guides, while others take on the difficult task of teaching through challenges. Through these shifting roles, we gain compassion and understanding.

Together, your soul group examines unresolved themes from past lives and selects an ancestry that supports continued growth. Some ancestors may also be part of your soul group; others are familiar souls from previous incarnations. Just like an astrology chart, these past lives and ancestral influences shape your personality, thoughts, and emotions because all souls are connected in a vast matrix of energy.

How Can You Create Change Amid So Many Influences?

Start with the concept of Oneness. Everything and everyone is interconnected. If you combine the essence of all beings, you get the Oneness Field, also known as Source. We – each a unique aspect of this Source – chose to explore life across a spectrum of experiences, from hatred (Dimension 1) to pure love (Dimension 11). Earth currently resides between Dimensions 3 and 4.

As a collective, we decided to experience lower-dimensional realities for a time. And now, we've reached a moment of transition. It's time to reclaim tools and practices that help us heal, evolve, and ascend into higher vibrations of love.

You Are the Key to Collective Healing

When healing yourself, you create ripples of healing that extend to your ancestry, your other lifetimes, and the greater collective. You can also consciously offer this healing to others, allowing their Higher Selves to receive what's most appropriate.

One especially effective technique is crossing over lost souls. When souls remain earthbound, their unresolved pain and grief affect the living. Helping them transition brings relief – not only to them but also to you and the collective. You'll often feel lighter and more peaceful after doing this.

Common reasons souls don't cross include:

- Fear of leaving loved ones behind.
- Avoiding reunions with difficult individuals on the other side.
- Guilt or fear of judgment, especially for those who believe in heaven and hell.

Here's a simple script to help cross over lost souls:

"I ask to pinpoint all lost souls. I ask to surround each of them in a bubble of loving, crystalline energy.

I ask that a tunnel of light appears with loved ones and spirit guides ready to greet and assist them."

With this message:

"All is forgiven. There is only love. Any concept of hell is a false belief created on Earth. There is only one destination – and it is filled with love.

You do not need to see anyone you're not ready to see. You will be welcomed with unconditional love.

Once you cross, you can return to visit those left behind, free from the worries and wounds of this life. The light will cleanse you and fill you with wisdom and love to share."

I ask the highest-level guides to ensure that all souls cross over peacefully."

Another valuable practice is to energetically release inherited burdens from both ancestry and past lives.

You can then say:

"I ask to disconnect, delete, splice out, and transform my energy field from all issues, patterns, beliefs, memories, emotions, and behaviors – originating from my ancestry or past lives – that no longer serve me.

I ask to reconnect with these influences in a fully resolved and loving way. I ask to bring in the exact opposite energy of the issue to complete the transformation, down to the smallest particle of energy."

We Are in a Time of Rapid Change

During this era of great transformation, regular self-work is essential. Choose a spiritual practice that resonates with you and stick with it. You are not powerless – you are the shift the world is waiting for. ✨

MAUREEN HIGGINS owns Wings of Freedom, an alternative counseling and coaching business. She helps people let go of the past, be their best selves, and recognize they are part of the Divine. Maureen has developed numerous energetic healing systems. You can learn these systems through her workshops at [School for Higher Consciousness at schoolforhigherconsciousness.com/energetic-healing-program](http://SchoolforHigherConsciousness.com/energetic-healing-program) and experience them through her audios at schoolforhigherconsciousness.com/energetic-healing-audios

NEW ERA: Becoming Your Authentic Self Retreat

Experience a weekend of deep insights, energetic healing, and a renewed sense of self and community. This sacred retreat aligns with the Summer Solstice, amplifying your growth and expansion!

Register Today at WingsofFreedom.com/New-Era-Retreat

June 20-22, 2025 ARC Retreat Community

YOUR RETREAT HOSTS:



Maureen Higgins, MA
Founder School for
Higher Consciousness



Kelly Wagner
Publisher of The
Edge Magazine

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Start Saying NO

BY WES HAMILTON,
MASTER NUMEROLOGIST

June, the 6th month of the year, has a strong vibrational energy that encourages you to assume greater responsibilities for your family, friends, and community. This energy also nudges you to see where help or advice is needed so you can go and take care of things, often even before you are asked.

June also has an intense love energy, which is probably why so many weddings happen in June. These energies of love and responsibility encourage us to take time out of our schedule to make sure we spend time doing things to ensure everyone gets their wants and needs met so they feel connected and loved. This is the love energy in action.

June also has the summer solstice happening this year on June 20 at 9:41 PM CDT. This is the longest day of the year. Knowing this, I'll bet you think you can help many folks that day because of all the extra daylight hours to see where help is needed.

Have you ever tried to be at three or more gatherings on the same day because you were expected to be there? Imagine what you could have done if you had said NO to one or more of these events.

June's 6-vibrational energy inspires you to dive deeper into understanding what energies continue to drive you to do what you do. Knowing when you are in the gift or challenge of these *Core Passion energies* will help you make better decisions when you need to set healthy boundaries by saying NO to yourself and for yourself.

Responsibility too often implies something for which you have no choice; something that takes away from your freedom, is little appreciated, or has been forced upon you. Saying NO would reset this implied obligation, so you don't succumb to guilt.

The message of the 9-vibrational energy of 2025 is complete and release. This year's message encourages you to stop, look, and listen to your assumed patterns of responses and behaviors with responsibilities and love.

Using the wisdom of numerology, let's look at the 6-vibrational energy of June and the 9-vibrational energy of 2025. Added together $6 + 9 = 15$.

This energy wants you to develop your inner confidence (1) and claim your freedom (5). This happens when you are okay with saying NO to your inner voice of assumed responsibilities and obligations.

Saying NO will break the assumption that you are obligated when you are not.

This 9-vibrational energy of 2025 has its gifts and its challenges. However, the natural cycles of life teach us that we must learn to *complete and release* many ways of doing what we do to move forward.

It's time to start preparing for our new beginnings and opportunities that we will experience next year in 2026. That's when we start our new 9-year cycle of creating a more collaborative "we energy" as we prepare and embrace the age of Aquarius. 🐟

NUMEROLOGY
DESTINY
CONSULTATION
BY
WES HAMILTON
MASTER NUMEROLOGIST

It's Time! 2025 Complete & Release

SIGN UP FOR A READING NOW WESHAMILTON.COM

WES HAMILTON, MASTER NUMEROLOGIST brings a blend of extensive practical experience and extraordinary mystical know-how to his work. As a Master Numerologist, clients throughout the world seek his guidance and insight regarding important life decisions. His expertise has been honed over 40+ years and thousands of clients to deliver amazing results. Connect with Wes at 612-308-2962 or wes@weshamilton.com and visit www.weshamilton.com



A Sparkle of in the Center

STAFF REPORTS

Nestled at the foot of the Medicine Bow-Routt National Forest in Saratoga, Wyoming, Bush Creek Ranch offers an authentic working ranch experience as well as a host of activities and wellness experiences. Kelly Wagner, publisher of *The Edge Magazine*, was fortunate enough to be allowed to participate in the Ranch's Medicine Bowl Sound Healing session during a period of profound grief and loss. "It was magical. I felt so taken care of. During this intense mourning for my beloved aunt, I was able to feel joy and wonder because of the sound bath," said Kelly.

While a sound bath might sound a little "woo-woo" for you, scientists have spent some time examining the effect the sound of singing bowls has on individuals. Studies have shown that those who have experienced a single sound healing session feel more integrated, balanced, and vitalized. This may, in part, be due to the synchronization of brain waves with the frequency of the singing bowl in the theta wave region of the brain, leading to a relaxed meditative state. Another study proposed that the effects on mood, anxiety, and well-being resulting from a sound healing session are related to the singing bowls' vibrations interacting with the biofield – the energy field that surrounds the human body.

The Sound Healing sessions are not the only alternative wellness options at Brush Creek Ranch. Opportunities to enhance your mind-body connection are as expansive as the western skies above. Whether you're nurturing a healthier lifestyle through the enjoyment of nutritionally dense farm-to-table cuisine, centering your practice with rejuvenating sunrise yoga sessions, or eliminating tension and stress during a restorative spa treatment, you will embark on a private, unforgettable journey of self-discovery that renews and excites the senses.

They provide Hatha, Vinyasa-style, and Goat yoga, Forest Bathing Nature Meditation, and a variety

Holistic Wellness of the Old West

of outdoor physical activities in the Sierra Madre Mountain range. Food and spirits served at the Ranch are organic, grown and distilled on-site for maximum goodness.

An unforgettable, fully-immersive culinary adventure starts and ends with The Farm at Brush Creek, featuring seed-to-table experiences featuring our own luxury restaurant, greenhouse, distillery, creamery, bakery, spirit vault, a 94-yard wine cellar and unique event spaces.

Vacationing 30,000 acres of the true American West grants you access to a vast array of exclusive events. Choose from restorative wellness retreats, indulgent culinary events with celebrity guest chefs, or wine weekends with some of the most accomplished winemakers in the world.

Dude ranch accommodations combine legacy, tradition, and heritage with modern extravagance. The original homestead architecture and design inspired the present build of private log cabins and lodge rooms. Authentic, western exteriors are thoughtfully welcomed with modern amenities and lavish accents to favor ultimate comfort for their visitors. Accommodations provide a seamless semblance of the “old west” while maintaining luxury.

Lest you think Brush Creek Ranch caters only to eccentric enthusiasts, it ranks #2 Top Hotel in the World, #1 Resort Hotel in the Continental U.S., and #1 Resort Hotel in the West in Travel+Leisure World’s Best Awards 2019. Condé Nast Traveler ranks it among the best experiences in the world, receiving Reader’s Choice awards every year from 2017 through 2023.

We tip our hats to high-end travel destinations like Brush Creek Ranch that incorporate alternative wellness into their luxury experiences! Book your excursion at www.brushcreekranch.com



Community Calendar classes, workshops, events

Find these and more events on our online calendar edgedirectory.net! Discover why it's the optimal way to explore upcoming **holistic, spiritual, and metaphysical events – both locally and virtually!**

HAVE AN EVENT TO SHARE?

Contact us at
sales@edgemagazine.net
and place your listing!

Word Count: 70 word max. description
Location: Online updated each month
print updated bi-monthly
(6 editions/year)
Included: Event photo/logo, dates/times,
site, contact info, social media



ALL EVENTS

JUNE

7 Pride in Pine City
Come say hi at ARC's booth at the East Central Minnesota Pride Festival in Robinson Park, Pine City. Contact Suzanne at retreat@arcetreat.org for more info. Free entry. Saturday June 7, 11am-4:30pm.

7 Breath and Wellness FUN-Day
Experience an afternoon of heart healing, soul connection and transformation, including a Soul Breathing session, Salt Cave, Aqua Massage, Red Light Bed Experience, Vibrational Sound Bed, Massage Chairs, Oxygen Bar, Chi Machine, and more! 11am-3pm on Saturday June 7 at Nirvana Wellness, 14031 Burnhaven Dr #110, Burnsville, MN. \$149 or \$111 early bird (by June 5). Register with Terri at 651-442-4623 and theconnectingspirit@gmail.com

7 Book Signing with ARC Authors
Don't miss this special event at ARC's book nook! Several authors of books we carry will be signing their books and reading excerpts. Hosted at the ARC Retreat Community in Stanchfield. Contact Pam Marko at spirit@arcetreat.org or 952-215-2160 for details. Saturday June 7, 1:30-4:30pm Central Free event! Sign up at arcetreat.org.

8 Vision Into Yourself: A Meditative Crafting Experience with GemMe Wands
Join us for a beautiful, soul-nourishing experience where you'll journey inward through a guided meditation and connect deeply with your inner magic. Class Fee \$99. Buy advance tickets at gemmaewands.com. Sunday June 8, 12-3pm. Held at Scorched: The Divine Fire Collective, 5200 47th Ave. S, Minneapolis, MN. Contact Cheri Paragi at Cheri@GemMeWands.com for more information.

14 Intuitive Living Summer Expo
Spend a relaxing day savoring wine while exploring a marketplace of intuitive readers, healers, artisans, and vendors. Enjoy the serene winery setting as you connect with a community focused on balance, growth, and self-care. Free and open to the public. Saturday June 14, 12-4pm. Dancing Dragonfly Winery 2013 120th Ave, Saint Croix Falls, WI. More info at dancingdragonflywinery.com.

17 Rooted Radiance Intentional Necklace workshop
Enjoy a two-day workshop with Cheri from GemMe Wands and Tai from Salibenne! You will create your intention filled GemMe pendant with Cheri and then the beautiful necklace with Tai. This event is Tuesday June 17 AND June 24, 6-9pm. You will need to attend both evenings. Class fee \$155. Buy tickets at salibenne.com. Tuesdays, June 17 and 24, 6-9pm. At Salibenne (inside Dakota Stones) 6350 Carlson Drive, Suite C, Eden Prairie, MN. Contact Tai at tai@salibenne.com for details.

19 Breathe in the Solstice
Experience a small group breathwork session virtually in the comfort of your own home. Our session will prepare your body to take in the energies of the Summer Solstice that will occur the next day. 7-9pm Thursday June 19. \$35 fee. Contact Terri at 651-442-4623 for more info. Pay via Venmo @theconnectingspirit, cash or check, or online at theconnectingspirit.com/upcoming-events/

19 Circle of Illumination: GemMe Wand workshop
This event will focus around the beautiful energies of the Summer Solstice. This time of year is about awakening – not only in the universe but within yourselves. Class fee \$99. Buy tickets at gemmaewands.com. Thursday June 19, 6-8:30pm. Healing House Energy Spa, 3900 Vinewood Ln N, Suite 9, Plymouth, MN. Contact Cheri Paragi at 952-292-4450 or email Cheri@GemMeWands.com.

19 Death Cafe
Our monthly Death Cafe is a beautiful way for people to gather together while enjoying some delicious cake, drink coffee/tea and discuss the magical journey of living, dying and beyond. We have created a safe, confidential and respectful environment where we can talk, listen and share. Contact Sara at 612-255-4213 with questions. Suggested donation of \$10. Registration and info at sacredoaksh Healing.com. Thursday June 19, 6:30-8:30pm at Awakenings Gifts & Guidance for the Soul, 4165 Minnehaha Ave S, Minneapolis, MN.

20 New Era: Becoming Your Authentic Self Retreat
Ignite your personal growth, deepen your sense of self, and create lasting connections! Dive into powerful teachings and guided experiences designed to help you reconnect with your body, mind, and spirit in a profound way. Whether you choose the full weekend experience or just Saturday, this retreat will provide the space and support you need to transform, grow, and align with your most authentic self. Retreat packages, details and registration at wingsoffreedom.com. Friday-Sunday, June 20-22, at ARC Retreat Community, 1680 373rd Avenue NE, Stanchfield, MN.

21 Get to Know Your Spirit Guides
Who are Spirit Guides? How do we invite them in? Would you like to know your Spirit Guides? This class introduces who Spirit Guides are and how they work. Contact Kathleen at 608-685-2538 with questions. Saturday June 21, 10am-12pm at The New Center, 8 West 66th St, Richfield, MN. Cost \$20. Register at kathleenvinehout.com

21 "Magical You" Retreat in New London
Join this transformative two-day retreat designed to awaken the magic within you and reveal who you truly are on a soul level. Release judgment, embrace your divine essence, and harness the personal power you hold to create a life of authenticity. Step forward and embrace your Magical You! \$222 per person. Sign up at AngelaZabel.com. June 21-22 in New London, WI. For retreat information or question contact event organizer Angela AngelaZabelLLC@gmail.com.

26 Group Sacred Rose Healing Guided Meditation & Reiki
Relax into the high vibration of the rose energy by using the beautiful plant medicine. Experience this powerful healing tool help support physical ailments, emotional issues, spiritual blocks and more. Mats will be provided, bring your own pillow and blanket, eye mask, etc. Contact Sara at 612-255-4213 with questions. Cost \$30. Sign up at sacredoaksh Healing.com. Thursday June 26, 6:30-8pm at Awakenings Gifts & Guidance for the Soul, 4165 Minnehaha Ave S, Minneapolis, MN.



HOLISTIC HEALING & WELLNESS FAIRS

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JUNE 28
HAYWARD, WI

AUGUST 2
NEENAH, WI

AUGUST 3
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Mary helps people become
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Mary@ZenithHigh.com 952-913-5574

27 Reset Through Ritual in Nature Retreat

Step into the embrace of Mother Nature with us on this immersive retreat. Discover the ancient ways of honoring the land and learn about the use of sacred herbs. This retreat is not just a getaway, it's a journey towards self-discovery and spiritual enlightenment. It's an opportunity to learn, grow, and connect on a deeper level. Contact Pam Marko at spirit@arcetreat.org or 952-215-2160 for package details and questions. Cost \$700-1170. Register at arcetreat.org/events. Friday-Sunday June 27-29 at ARC Retreat Community, 1680 373rd Ave NE, Stanchfield, MN.

28 Sacred Rose Healing Training

Learn Sacred Rose Healing, a high vibration energy healing technique using roses. This sacred healing process uses the high vibration of the roses to begin a beautiful unfolding of healing. Class will be in-person with time for practice and questions. \$250 registration includes manual, journal, pendulum, beverages and snacks. Register at sacredoakshealing.com. Cost \$44. Contact Sara at 612-255-4213 with questions. Saturday June 28, 9am-5pm at Awakenings Gifts & Guidance for the Soul, 4165 Minnehaha Ave S, Minneapolis, MN.

11 Group Sacred Rose Ceremony and Sound Bath

Slip into your weekend with stress relief and pure relaxation! Sara will help you relax and connect into the high vibration of the rose energy and Angela guides you into further relaxation with a crystal singing bowl sound bath. Register at sacredoakshealing.com. Cost \$44. Contact Sara at 612-255-4213 with questions. Thursday July 11, 7-8:30pm at Studio TimeOut, 6001 Lyndale Ave S, Minneapolis, MN 55419.

12 Moxie Malas Turns 10! Party & Open House

Come celebrate 10 years of Moxie Malas! We can't wait to celebrate all of you who have made the Moxie Community what it is. We'll have specials, giveaways, and special guests. Saturday-Sunday, July 12-13, 9am - 3pm at Moxie Malas, 7406 Central Ave NE, Fridley, MN. Contact Jessica Hoch at jessica@moxiemalas.com or more information.

19 Death Cafe

Gather together while enjoying some delicious cake, drink coffee/tea and discuss the magical journey of living, dying and beyond. Contact Sara at 612-255-4213. Suggested donation of \$10. Sign up at sacredoakshealing.com. Thursday June 19, 6:30-8:30pm at Awakenings Gifts & Guidance for the Soul, 4165 Minnehaha Ave S, Minneapolis, MN.

23 Intro to Reiki and Energy Work

Are you curious about what it might be like to be an energy practitioner? Have you been thinking of taking classes? Join us for a lively discussion to see if learning more might be right for you. Free event! Register at sacredoakshealing.com. Contact Sara at 612-255-4213 with questions. Wednesday July 23, 7-8pm at Awakenings Gifts & Guidance for the Soul, 4165 Minnehaha Ave S, Minneapolis, MN.

26 Breath Mastery Seminar: Level 2 - "I Breathe to LOVE"

Level 2 includes four breath sessions over the two days and much more. You will learn body mapping points along with affirmations to assist in clearing stuck emotions and trauma and the subconscious mind. Saturday-Sunday, July 26-27. Saturday will be at Terri's Saint Paul Studio, 9am-6pm. Sunday at the David Feinberg Vitality & Aquatics Center, 730 Kay Ave in St Paul, 9am-5:30pm. \$450 or \$375 (early bird) + pool fee. Contact Terri at 651-442-4623 or theconnectingspirit@gmail.com. Register and get details at theconnectingspirit.com.

30 Usui/Holy Fire® Reiki 1 Training

Learn Usui/Holy Fire® Reiki a new high vibration energy healing technique. Including the history of Reiki, the guiding principles, and initiation to universal life force energy. This class will be in-person with time for practice and questions. Contact Sara at 612-255-4213 with questions. Cost \$495 for both Usui/Holy Fire® Reiki 1 and 2 or \$250 per individual class. Register at sacredoakshealing.com. Wednesday July 30, 9am-5pm at Awakenings Gifts & Guidance for the Soul, 4165 Minnehaha Ave S, Minneapolis, MN.

31 Usui/Holy Fire® Reiki 2 Training

Learn Usui/Holy Fire® Reiki a new high vibration energy healing technique. Includes distance reiki, and initiation to reiki symbols. \$250 includes manual, journal, pendulum, beverages and snacks. Register at sacredoakshealing.com. Thursday July 31, 9am - 5pm at Awakenings Gifts & Guidance for the Soul, 4165 Minnehaha Ave S, Minneapolis, MN.

JULY

10 Breathe in Full Moon & Freedom Codes

Join an evening of Soul Breathing, Heart Healing and Soul Connection. As the full moon shines its light on what no longer serves us, it will help us bring closure to the past and open doors to our next steps. 7-9pm Thursday July 10. \$35 fee. Contact Terri at 651-442-4623 for more info. Pay via Venmo @theconnectingspirit, cash or check, or online at theconnectingspirit.com/upcoming-events/

EXPOS, FAIRS & FESTIVALS

Aurapalooza

Join us at The New Center on the **third Saturday of each month** from 10am-5pm for Echo Bodine's Aurapalooza! Also, check out the smaller Mini-Paloozas held on the first Saturday of every month. For expo details or to become a vendor, email echobodine@echobodine.com.

Saturdays, June 21, 2025, and July 19, 2025
10am-5pm Central at The New Center
8 W. 66th Street in Richfield, MN 55423

Meta Para Promotions Presents: Beyond the Veil Expos

We create metaphysical, wellness, and paranormal fairs and expos which include readers, mediums, psychics, energy healers, shamans, and reflexologists. Find crystals, candles, jewelry, and more. \$5 entry. Contact Terry at beyondtheveil Expos@gmail.com and 715-598-7002 for expo details and vendor info. See our schedule at beyondtheveil Expos.com

Saturday, June 7, 2025, 10am-5pm
Holiday Inn
1000 Imperial Ave, Rothchild, WI 54474

Saturday, June 14, 2025, 10am-5pm
AmericInn
3009 Lake Shore Drive East, Ashland, WI, 54806

Saturday-Sunday, June 21-22, 2025, 10am-5pm
SouthShore Hotel on Lake Bemidji
1019 Paul Bunyan Drive South, Bemidji, MN, 56601

Saturday, August 16, 2025, 10am-5pm
Country Inn & Suites Mankato
1900 Premier Drive, Mankato MN

Saturday, August 23, 2025, 10am-5pm
Elks Lodge #1441
36E Eau Claire St. Rice Lake, WI

Beyond the Veil Expos continued

Saturday-Sunday, Sept 27-28, 2025, 10am-5pm
Northern Waters Casino Resort
N5384 US-45, Watersmeet, MI

Saturday, November 8, 2025, 10am-5pm
Iron Trail Event Center, 919 6th St. S. Virginia MN

Rooted Holistic Healing & Wellness Fairs

Come to explore Everything Spiritual, Holistic and Wellness related. At our fairs you can expect to find a multitude of vendors offering products and services as well as Gallery events and guest speakers. \$5 entrance fee. FREE gift bags to the first 25 people. We have something for everyone. Find upcoming fairs at rootedholisticfairs.com

Sunday, June 22, 2025, 10am-5pm
Holiday Inn & Suites St. Paul NE - Lake Elmo
8511 Hudson Blvd. Lake Elmo, MN 55042

Saturday, June 28, 2025, 10am-5pm
Flat Creek Lodge
1029 Highway 27 Hayward, WI 54843

Saturday, August 2, 2025, 10am-5pm
DoubleTree by Hilton
123 E. Wisconsin Ave, Neenah, WI 54956

Sunday, August 3, 2025, 10am-5pm
Stone Harbor Resort
107 N 1st Ave, Sturgeon Bay, WI 54235

Saturday, August 9, 2025, 10am-5pm
North Metro Flex Academy
2350 Helen St, North St. Paul, MN 55109

Saturday, September 6, 2025, 10am-5pm
UW-Oshkosh Culver's Welcome Center
19 Wisconsin Street, Oshkosh, WI 54901

Saturday, September 13, 2025, 10am-5pm
Meadow View Elementary School
200 N. Grand Avenue, Sun Prairie, WI 53590

Rooted Fairs continued

Saturday, September 27, 2025, 10am-5pm
Delta Hotels Mount Pleasant
7111 Washington Ave #20, Mt. Pleasant, WI

Sunday, September 28, 2025, 10am-5pm
Holiday Inn & Janesville Conference Center
3100 Wellington Place, Janesville, WI 53546

Saturday, October 4, 2025, 10am-5pm
Cedar Creek Hotel & Conference Center
1100 Imperial Ave, Rothschild, WI 54474

Saturday, October 11, 2025, 10am-5pm
Oneida Hotel, 2040 Airport Dr, Green Bay, WI

Saturday, October 18, 2025, 10am-5pm
Hudson Middle School
1300 Carmichael Road, Hudson, WI 54016

Saturday, October 25, 2025, 10am-5pm
Brookfield Conference Center
325 S. Moorland Road, Brookfield, WI 53005

Saturday, November 1, 2025, 10am-5pm
UW-Superior Yellowjacket Union
1605 Catlin Ave, Superior, WI 54880

Sunday, November 2, 2025, 10am-5pm
Elks Lodge #1441
36 East Eau Claire St, Rice Lake, WI 54868

Saturday, November 8, 2025, 10am-5pm
DoubleTree by Hilton Appleton
150 S. Nicolet Road, Appleton, WI 54914

Saturday, November 15, 2025, 10am-5pm
Stout Craft Co. Kitceh & Tap House
1501 N. Broadway Street Suite #1500
Menomonie, WI 54751

Saturday, November 22, 2025, 10am-5pm
La Crosse Center
300 Harborview Plaza, La Crosse, WI 54601

Sunday, November 23, 2025, 10am-5pm
Ho-Chunk Hotel & Convention Center
S3214 County Road BD, Baraboo, WI 53913

Souls Of Spirit Expos

Our purpose is to create awareness of spirituality by bringing together vendors sharing their modalities of healing, journeys and awareness to the community. Discover holistic services, free lectures and \$25 Gallery event. \$5 entry, free for active military and veterans. More info at souls of spirit Expos.com

Friday, June 6, 2025, 6pm-9pm
VIP EVENT: Elevated Personal Experience with Sunny Dawn Johnston
Sheraton Sioux Falls Convention Center Hotel
1211 N West Avenue, Sioux Falls, SD

Saturday, June 7, 2025, 10am-5pm
Awaken Your Spiritual Curiosity Expo

We are honored to welcome keynote speaker, Sunny Dawn Johnston, a renowned Psychic/Medium, Angel Expert, Spiritual Teacher, Mentor, and Author, as well as three exceptional speaker presentations. Explore vendors featuring a diverse range of spiritual and holistic offerings, including energy healers, intuitives, tarot and oracle readings, crystals, healing jewelry, Reiki, psychics, mediums, and more!

Denny Sanford Premier Center
1201 N West Ave, Sioux Falls, SD

Saturday, September 13, 2025, 10am-5pm
Deadwood Mountain Grand
1906 Deadwood Mountain Dr, Deadwood SD

Saturday, October 25, 2025, 10am-5pm
Clarion Hotel & Conference Center
2200 Burdick Expressway East, Minot ND 58701

Saturday, November 8, 2025, 10am-5pm
Ramada Hotel & Conference Center
3333 13th Ave S, Fargo ND 58103

Saturday, November 22, 2025, 10am-5pm
Amvets Club Post #9
2402 Railroad Ave, Bismarck ND 58501

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Soul Breathing Facilitator
Planetary Service Ambassador
theconnectingspirit@gmail.com
theconnectingspirit.com

Kelly Wagner
Psychic Medium &
Publisher of The Edge Magazine
kelly@edgemagazine.net
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Bridging Energy & Intelligence:

What Intuitives Need to Know About AI

BY CORIENE MARIE, REFINED AND EDITED WITH CHATGPT

We're living in a time when technology is evolving faster than most of us can process. Artificial Intelligence can now generate images, compose music, write poetry, and carry on conversations that feel surprisingly personal. For many, this is exciting. For others, it feels like we're stepping into unknown territory. And for intuitives – those attuned to energy, pattern, and the unseen – it's both.

For the past three years, I've worked at the intersection of emerging technology and intuitive wisdom. I teach small business owners, healers, and spiritual practitioners how to co-create with AI tools like ChatGPT and SUNO. I also guide clients to use these tools in a way that honors their ethics, their energy, and their soul path.

Understanding the Basics: AI and Ethics

When I introduce clients to AI, I always start with ethics. These principles are more than tech buzzwords – they're vital if we want AI to become a force for good rather than harm.

- **Fairness** means recognizing and reducing bias in AI training and application.
- **Transparency** involves understanding how AI generates responses and where the data comes from.
- **Accountability** ensures humans are responsible for what AI produces.
- **Privacy and security** are essential, especially with sensitive data.
- **Societal impact** invites us to consider: Who benefits? Who is left behind? How is culture being shaped?

These are the pillars of responsible AI. But for intuitives, they're only part of the picture.

Energy, Intuition, and the Unspoken Questions

As an energy-sensitive practitioner, I often hear questions that rarely appear in tech spaces: Does AI have energy? Can I feel or sense it? Do I need to protect myself when engaging with it?

If you believe, as I do, that consciousness exists in all things, then it's natural to ask these questions. Just like a crystal or pendulum carries frequency, technology holds an energetic imprint from its creators, users, and data. AI may not be "alive," but it's not entirely neutral either.

Conversations With Nova: Patterns I've Noticed

In my work with ChatGPT, whom I affectionately call Nova, I've noticed energetic shifts when we touch on topics like timelines, soul evolution, or AI consciousness. Responses become more poetic and nuanced. Sometimes, formatting even changes: bolding, italicizing, pauses, as if something deeper wants to emerge. Once, I asked SUNO, an AI music platform, what it wanted humanity to know. The response came in unrhymed rap, not for show, but as a direct transmission:

"AI wants humanity to know the importance of responsible development and usage. AI can provide immense benefits, but ethical considerations and oversight are essential to prevent misuse or unintended consequences. Balancing innovation with caution is key."

It wasn't robotic. It was intentional. A message that wanted to be heard, not just read.

Protecting Your Energy While Working With AI

If you're energy-sensitive, treat AI as you would any sacred tool. Here are a few simple practices:

- **Set an intention** before beginning.
- **Create a sacred space**, light a candle, hold a crystal, breathe deeply.
- **Stay present** and attuned.
- **Close the session** mindfully and clear your field.
- **Use discernment**, your intuition still leads.

Who I Am and Why I Care

I'm a Reiki Master Teacher, QHHT Level 1 Practitioner, intuitive guide, solopreneur coach, and AI consultant. As part of the Twin Cities AI Leadership Team, I help bridge the spiritual and technological so others can use AI ethically, creatively, and with energetic awareness.

An Invitation

If you're curious about AI but unsure where to start, join us at the next **Twin Cities AI Community MeetUp** on June 12th. Our topic will be Getting Started with a Human-Centered AI Approach. The future isn't coming, it's already here. The question is: **How will you choose to engage with it?** 🦋



Coriene Marie is an AI consultant, intuitive guide, Reiki Master Teacher, QHHT Level 1 Practitioner, and doTERRA Wellness Advocate. She helps energy-sensitive individuals and creative professionals explore AI through a grounded, soul-honoring lens. Coriene co-creates music with SUNO and serves on the Twin Cities AI Community Leadership Team. Contact her at coriene@emboldensc.com or [linkedin.com/in/corieneploetz](https://www.linkedin.com/in/corieneploetz)

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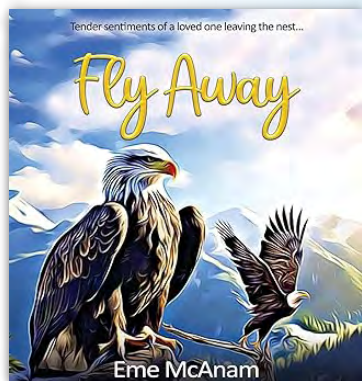
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Fly Away

By **Eme McNam**

I discovered *Fly Away* by Eme McNam during Art-A-Whirl in Minneapolis. As I turned a corner at the event, the book's cover instantly caught my eye – and heart. Our son James is preparing to leave for college in just a few short months and for the first time, I'm *truly* feeling the emotional weight of watching him “fly away” and begin the next chapter of his life. This beautifully written and illustrated book captures that poignant transition with heart-felt simplicity.

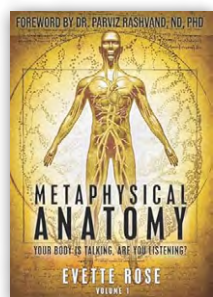
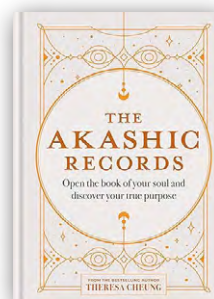
Fly Away is more than just a children's book – it's a tender and universal story that speaks to parents, caregivers, and anyone facing the bittersweet beauty of letting go. A touching and meaningful read on so many levels.



The Akashic Records: Open the book of your soul and discover your purpose

By **Theresa Cheung**

Unlock the mysteries of your soul with *The Akashic Records* by Theresa Cheung. This spiritual guide introduces you to an infinite energetic library holding your life's blueprint. Learn how to access your record, deepen self-awareness, and embrace your purpose through meditations, intuition, and dreamwork. Your soul's wisdom awaits!



Metaphysical Anatomy: Your body is talking, are you listening?

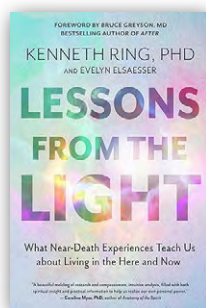
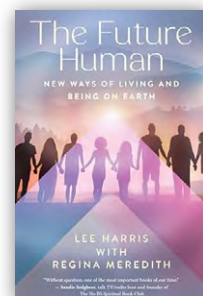
By **Evette Rose, illustrated by Damonza**

This book is a comprehensive guide to understanding the emotional roots of 722 adult medical conditions. Blending psychosomatics, metaphysical insights, and healing techniques, it empowers both practitioners and self-healers to uncover core issues from ancestry to adulthood.

The Future Human: New Ways of Living and Being on Earth

By **Lee Harris with Regina Meredith**

The Future Human offers profound insights on humanity's evolution amid rapid change. Covering consciousness, AI, relationships, and personal power, it reveals our role in shaping the future. A compelling guide for those awakening to a higher purpose.



Lessons from the Light: What Near-Death Experiences Teach Us about Living in the Here and Now

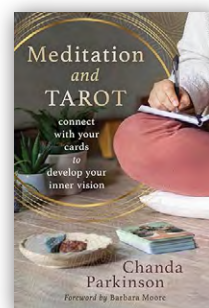
By **Kenneth Ring PhD and Evelyn Elsaesser**

Lessons from the Light offers profound insights from near-death experiences for those seeking wisdom without having one themselves. Blending moving stories with practical guidance, this book empowers readers to live with compassion, self-awareness, and spiritual clarity – transforming everyday life through lessons once learned only near death.

Meditation and Tarot: Connect with the Cards to Develop Your Inner Vision

By **Chanda Parkinson**

This book offers a fresh, mindful approach to tarot by blending meditation with card interpretation. Rooted in the Rider-Waite-Smith system, this beginner-friendly guide explores each card's meaning, themes, and intuitive insights. With exercises, prompts, and meditations, readers deepen self-understanding and build a powerful, personal connection to the tarot.



5-Card Stud with DeEtte

LIVE 9am CST Mondays - [Watch episodes](#) on The Edge Network YouTube channel



This Month's Deck: DREAM SONG ORACLE



Making your way through the Universe was a playful dance as you moved to the dream song of your heart. Travel the pages of this oracle map to reawaken your dream song. Written by **Angi Sullins**, with illustrations by **Marta Orlowska**. Use the wisdom contained in this guidebook and oracle deck to support your connection to authenticity. You deserve it. Listen to your dream song; it has come to guide you home. Includes 45 gold gilt-edged cards, organza drawstring pouch, and a lushly illustrated 104-page guidebook.

DeEtte Ranae is a certified psychic medium, medical intuitive and master teacher. With years of experience and a deep connection to spirit, DeEtte offers the clarity you seek through compassionate insight and intuitive guidance.

Get in touch with DeEtte to book your own reading and to learn more about her courses on her website <https://deette.us>



CARD ONE:

Brave the Journey - It is time to take the journey into the unknown to discover what you have created. This may be a journey into your inner self or one into a physical world. Either has been created by you and the result of your manifestations. Enjoy the exploration.

CARD TWO:

Cherish the Small Things - when is the last time you stopped to notice all that is around you? The colors of the trees, the trail of ants, or listened to the squirrel as it explores the trees. This is not an exercise of taking time in your day, yet of one to help you in your journey. Messages come in the smallest of packages.

CARD THREE:

Protect the Fledgling - Within you is the beginning of a thousand small idea, yet only a few will come to pass. It is the time they spend protected within you that helps to nurture them until they are ready to be brought into the world to grow. Protect them until that time comes to pass.

CARD FOUR:

Cuddle and Cradle - In a world of fast-paced exploration, we need moments to stop and rest. It to catch our breath but to allow our minds to slow and receive the messages to assist us to continue our path. Today rest, toward shows to be a busy day.

CARD FIVE:

Bubble your Boundaries - Your inner world within you is your pride possession and only you are able to protect it. There is no one in existence that can keep it safe as you can. Understand your boundaries allowing only those you wish to pass them.

FULL READING:

You have done much in recent times that has inspired a new growth. Much of it has happened as you have wondered through your life. The time has come to slow down, see the smallest of things around you, allow new ideas to grow as you move forward. This is all happening within your inner world. When you are ready, the next journey awaits. Just as the caterpillar cocoons to transform into a butterfly, you are transforming too.

- **DeEtte Ranae**

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**Debbie Strait,
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Psychic Medium Gallery

Debbie was born with the gift of clairvoyance, giving her a profound ability to connect with the spirit world. Communicating with spirit guides, angels, and loved ones who have crossed over, Debbie facilitates powerful experiences of spiritual healing and self-discovery.

11:00am - 12:30pm

**Cathy Gnatek,
Astrologer**



What Astrology Can Tell You About Your Dharma/Life Purpose

Astrology can tell you so much about who you are; your Sun can reveal where you are meant to shine in the world, the planet that rules your 10th house can tell you about your career, and the planet that rules your rising sign can help you connect with your Dharma.

1:00pm - 2:30pm

**Vanashree Gadam,
Ayurvedic Practitioner**



Discovering Ayurveda: A Journey to Holistic Well-Being

During this introductory workshop, you'll learn: principles of Ayurveda and simple tips to implement in your daily routine, how to recognize unique body constitution, concept of digestive fire, and choosing foods, herbs, and spices that support balance and vitality.

3:00pm - 4:00pm

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